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196 GLAM IDEAS!

- * Party looks for under \$20
- * Quick beauty tricks
- * Flirty hair in 5 minutes

LOVE LESSONS

Learn them and land a BF by New Year's

QUIZ: Are you fake?

Totally stressed?

20 FUN WAYS TO CHILL OUT NOW

THE SNEAKY REASONS GIRLS GAIN WEIGHT

Plus super-easy changes that get results—fast!

Pretty Little Liars'
Lucy Hale

Tells the truth about boys, BFFs and making it big

GET WHAT YOU WANT!

Shopping secrets inside

(see page 78)

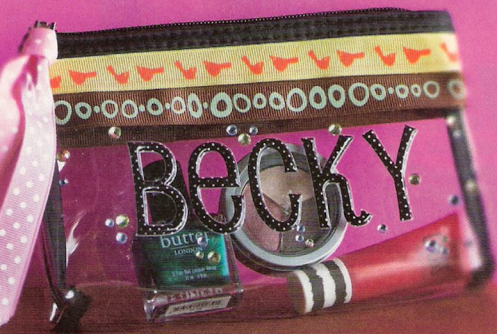
ADORABLE GIFTS

Wow your friends without blowing your budget

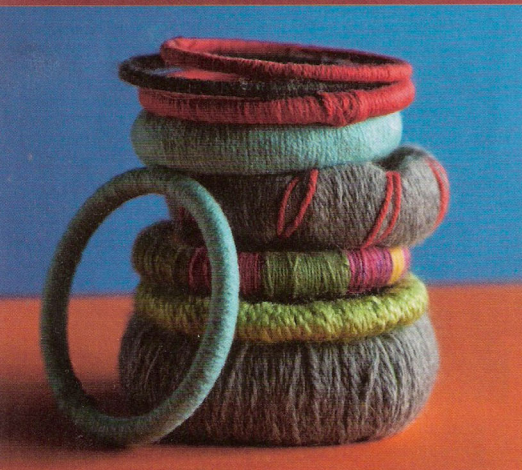
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PHOTOGRAPHED BY DAN WHIPPS



Have a Hand

This season, channel your inner DIY diva with these six speedy crafts. By Jessica D'Argenio

Make-Your-Own Makeup Bag

Fill these customized cosmetic kits with your buds' fave gloss for the perfect personalized prezzie.

MATERIALS: Clear makeup bag with zipper (we found this one at Wal-Mart) • A few yards of coordinating ribbon • Stick-on rhinestones • Alphabet stickers • Puff paint or permanent markers • Tacky glue

HOW TO MAKE IT:

1. Remove any tags from bag.
2. Use stickers to spell your friend's name across the front. Lay out the ribbon length where you like it, parallel to top of bag. Use a thin line of tacky glue to attach the ribbon to the bag, wrapping all the way

- around. Ends should slightly overlap in the back. Trim and glue. Repeat if desired.
3. To create a cute pull, tie a short length of ribbon to zipper.
4. Use rhinestones to add sparkle or doodle with the puff paint or markers. Make one to fit each friend's style.

Yarn Bangles

These super-colorful bracelets are the ultimate arm candy. Make a stack for yourself, then give a bunch to your besties.

MATERIALS: Yarn in multiple colors and thickness • Bangles in a variety of sizes (plastic or metal) • Fabric glue • Scissors • Clothespin

HOW TO MAKE IT:

1. Take 4 feet of yarn and wrap it into a ball.
2. Knot one end of the yarn, then glue the knot to the inside of the bangle.
3. Begin tightly wrapping yarn around the bangle, overlapping slightly, eliminating gaps.
4. Continue to wrap all the way around the bangle until

- you reach your starting point. Knot the end of the yarn and snip, leaving a 3-inch tail.
5. Glue knot to the bangle, and wrap the 3-inch tail, making sure it ends on the inside of the bangle. Glue again.
6. Use the clothespin to hold in place while the glue dries. Once dry, trim end of yarn as close as possible.

Chocolate Mint Truffles

These treats taste super-sophisticated, but whip up in a snap.

MATERIALS: 1 1/2 cups dark chocolate chips • 1/2 cup coconut milk • 1 teaspoon peppermint extract • 8 mint leaves, finely chopped • Dash of sea salt • 2 tablespoons plus 1/4 cup cocoa powder

HOW TO MAKE IT:

1. Bring a small pot of water to a simmer. Place a heat-proof glass bowl on top of the pot, making sure the bowl doesn't touch the water.
2. Add the chocolate chips and stir to melt (about 2 minutes). Turn off heat. Add all remaining ingredients except for the 1/4 cup cocoa powder. Whisk until smooth and let chill for 2 hours.

3. Meanwhile, place cocoa powder in shallow bowl. Once mixture is chilled, use a round spoon to scoop out individual portions and roll into balls.
4. Dip each ball in cocoa powder, rolling gently to coat the entire surface with cocoa. Decorate with sprinkles and place in candy wrappers. (Thanks to sparkfoods.com for sharing its fab secret recipe.)